

## GLOW treatment

Skin Rejuvenating and moisturizing anti-pigmentation treatment

Suitable for skins with pigmentation problems

Anti-pigmentation, calming, soothing and healing action. Exfoliate dead skin cells, activating new healthy cells.

### CLINICARE GLOW treatment

			Product usage	How many treatments?	Treatment cost
1	Silky Lip & Eye Remover	500 ml	2 ml	250	
2	Silky Foam Cleansing	100 ml	0.3 ml	333	
3	Silky Clear Peeling Gel	500 ml	2 ml	250	
3	<b>Alt:</b> AHA+EGF Peel	30 ml	2 ml	15	
4	Silky Skin Toner	500 ml	2 ml	250	
5	<b>EGF GLOW</b> mask	1 pc	1 pc	1	
5	<b>Alt:</b> Silky 2in1 Gel "Vitamin-C"	500 ml	5 ml	100	
6	Silky Eye Renewal Cream	50 ml	0.2 ml	250	
7	Silky Retinol Day Cream	300 ml	0.5 ml	600	
7	<b>Alt:</b> " 2 in 1 Gel "Vitamin-C"	500 ml	0.5 ml	1000	
8	Sun Block Silky Cream SPF 30	50 ml	1 ml	50	
				<b>TOTAL</b>	

### Treatment protocol:

1. Remove make-up using **Silky Lip & Eye Remover** (if needed).
2. Clean the skin using **Silky Foam Cleansing**. Mix a small amount of **Silky Foam Cleansing** with water and make a light foam. Massage the skin and remove with lukewarm water and dry. **Alt: Silky Cleansing Lotion**.
3. Exfoliate skin using small amounts of **Silky Clear Peeling Gel**. Wipe of residues.  
**Alt:** Apply up to 4 layers of **AHA+EGF PEEL**, on the face using a small ball of cotton wool or by hand. Stop applying the solution as soon as a soft tingling is felt.
4. Neutralize skin with **Silky Skin Toner**.
5. Apply **CLINICARE EGF GLOW mask** (**Alt. Silky 2in1 Gel "Vitamin-C"**) on treatment area. Leave the mask on the face about 15-20 (**10-15**) minutes until it begins to dry. Remove the mask, wipe off mask residues.
6. Apply **Silky Eye Renewal Cream** on eye and lip area.
7. Apply **Silky Retinol Day Cream** (**Alt. 2 in 1 Gel "Vitamin-C"**) (depending on skin type)
8. Apply **Sun Block Silky Cream SPF 30** on top of that(daytime).

### For enhancement of treatment results:

- **IPL** treatments against pigmentation.
- **microneedling** treatments against pigmentation
- **Chemical peeling** treatments against pigmentation

# DAILY MAINTENANCE – pigmentation problems (home)

## Younger skin (normal to oily)

Morning and evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF EXTRA Anti-Pigmentation Toner**
- Apply **EGF EXTRA Anti-Pigmentation Essence**, and on top of that
- Apply **Sun Block Silky Cream SPF30** (only morning)

## Younger skin (tends to be dry)

Morning and evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Anti-Pigmentation Toner**
- Apply **EGF Extra Anti-Pigmentation Serum**, and on top of that
- Apply **Sun Block Silky Cream SPF30** (only morning)

## Mature skin (normal to oily)

Morning:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Anti-Pigmentation Toner**
- Apply **EGF Extra Anti-Pigmentation Essence**, and on top of that
- Apply **Sun Block Silky Cream SPF30**

Evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF EXTRA Anti-Pigmentation Toner**
- Apply **EGF Extra Anti-Pigmentation Essence** or **Serum**

## Mature skin (tends to be dry)

Morning:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Anti-Pigmentation Toner**
- Apply **EGF Extra Anti-Pigmentation Serum**, and on top of that
- Apply **Sun Block Silky Cream SPF30**

Evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Anti-Pigmentation Toner**
- Apply **EGF Extra Anti-Pigmentation Essence**, and on top of that
- Apply **EGF Extra Anti-Pigmentation Serum**