

REFRESH/TIGHT treatment

Skin Rejuvenating and moisturizing anti-aging, lifting and anti-wrinkle treatment

Suitable for all skin types

Skin rejuvenating, anti-wrinkle, calming, soothing and healing action.
Exfoliate dead skin cells, activating new healthy cells.

CLINICARE REFRESH/TIGHT treatment

		Product usage	How many treatments?	Treatment cost
1	Silky Lip & Eye Remover	500 ml	2 ml	250
2	Silky Foam Cleansing	100 ml	0.3 ml	333
3	Silky Clear Peeling Gel	500 ml	2 ml	250
3	Alt: AHA+EGF Peel	30 ml	2 ml	15
4	Silky Skin Toner	500 ml	2 ml	250
5	EGF REFRESH/TIGHT mask	1 pc	1 pc	1
6	Silky Eye Renewal Cream	50 ml	0.2 ml	250
7	Silky Super Moisturizing Cream	300 ml	0.5 ml	600
7	Alt: Silky Retinol Day Cream	300 ml	0.5 ml	600
8	Sun Block Silky Cream SPF 30	50 ml	1 ml	50
TOTAL				

Treatment protocol:

1. Remove make-up using **Silky Lip & Eye Remover** (if needed).
2. Clean the skin using **Silky Foam Cleansing**. Mix a small amount of **Silky Foam Cleansing** with water and make a light foam. Massage the skin and remove with lukewarm water and dry. **Alt:** Clean the skin using **Silky Cleansing Lotion**.
3. Exfoliate skin using small amounts of **Silky Clear Peeling Gel**. Wipe off residues.
Alt: Apply up to 4 layers of **AHA+EGF PEEL**, on the face using a small ball of cotton wool or with your hands. Stop applying the solution as soon as a very soft tingling is felt. Massage the treated area and let act for a couple of minutes.
4. Neutralize skin with **Silky Skin Toner**.
5. Apply **CLINICARE EGF REFRESH/TIGHT** mask on treatment area. Leave the mask on the face about 15-20 minutes until it begins to dry. Remove the mask, wipe off mask residues.
6. Apply **Silky Eye Renewal Cream** on eye and lip area.
7. Apply **Silky Super Moisturizing Cream (Alt: Silky Retinol Day Cream)** (depending on skin type)
8. Apply on top of that **Sun Block Silky Cream SPF 30** (daytime).

For enhancement of treatment results:

- Tightening and lifting RF treatments.
- microneedling treatments to create more collagen and elastin.
- Chemical peeling treatments to create tighter skin

DAILY MAINTENANCE – (home)

Younger skin (normal to oily)

Morning and evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF EXTRA Skin Rejuvenation Toner**
- Apply **EGF EXTRA Skin Rejuvenation Essence**, and on top of that
- Apply **Sun Block Silky Cream SPF30** (only morning)

Younger skin (tends to be dry)

Morning and evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Skin Rejuvenation Toner**
- Apply **EGF Extra Skin Rejuvenation Serum**, and on top of that
- Apply **Sun Block Silky Cream SPF30** (only morning)

Mature skin (normal to oily)

Morning:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Skin Rejuvenation Toner**
- Apply **EGF Extra Skin Rejuvenation Essence**, and on top of that
- Apply **Sun Block Silky Cream SPF30**

Evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF EXTRA Skin Rejuvenation Toner**
- Apply **EGF Extra Skin Rejuvenation Essence** or **Serum**

Mature skin (tends to be dry)

Morning:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Skin Rejuvenation Toner**
- Apply **EGF Extra Skin Rejuvenation Serum**, and on top of that
- Apply **Sun Block Silky Cream SPF30**

Evening:

- Cleanse the face, neck and lower neck using **Silky Foam Cleansing**
- Tone skin with **EGF Extra Skin Rejuvenation Toner**
- Apply **EGF Extra Skin Rejuvenation Essence**, and on top of that
- Apply **EGF Extra Skin Rejuvenation Serum**